

Back to School Tips

As we are nearing the end of summer vacation, a new school year is quickly approaching. It can seem overwhelming during the transition but there are several tips that can be useful for parents and students alike.

After scouring the internet and the personal experiences of other parents, there seems to be a consensus on the most helpful ways to get back into the classrooms with ease.

Important reminders and a simple checklist follows;

Don't forget your Checkup

Sports physicals Yearly checkups

Review medication schedule if this pertains to your child

A dentist appointment before school begins help both students and parents plan ahead to avoid missing school or work.

Getting back into the routine can be tricky. We have all been enjoying the summer and carefree days but it's time to begin the adjustment routine. Encourage an earlier bedtime and wake up schedule a few weeks before the onset on school. The new sleep schedule will make the transition back to class much easier for the child and you. Our days are still long, and the daylight still lingers into the later hours of the evening so check your clock to help stick to this new routine that will be advantageous.

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The American Academy of Pediatrics Childhood Sleep Guidelines breaks down how much sleep is needed for children of different ages.

- 3-5 years of age should sleep 10-13 hours a day, including naps
- 6-12 years of age 9-12 hours
- Teenagers 13-18 years of age 8-10 hours

As for the younger students just starting school or perhaps making a change in schools, there are several ideas to help guide them through the often-emotional changes.

- Visit the school together before the first day. Just do a walk-around to help familiarize.
- For the little ones, try going to the school playground for a few minutes or a few times to show them that school is also fun!
- Don't miss the Meet the Teacher event. Your child will get a good look at where they may sit, see other friends, and see their hardworking and nurturing teacher.
- If your child still has a little anxiety about starting school, remind them of simple calming strategies like deep breathing and positive self-talk.

The most impactful thing you can do is be the example of excitement. Your child is looking to you for assurance and safety. Celebrate the new school year with them. Help to build their confidence and fearlessness. You matter most and they will take their cues from you.

Hopefully, these few things shared will help in some way. Lake forest has a great number of great kids of all ages and it is our hope for all of you to have a seamless entry into the new school year.

A few reminders:

- Slow down for buses and watch for children crossing the road
- Watch your speed and remember we have new young drivers sharing our roads
- If your child walks to and from a bus stop or from the school itself, remind them to use our sidewalks where possible.

Check out our website for any Fall activities and events Have a wonderful 2022-2023 school year!!!



Directory and Hours of Operation

Board of Directors

John Lake - President Elections and Nominations Chair j.lake@lakeforestdaphne.com

Davida Williams - Vice President dwilliams@lakeforestdaphne.com

David Dueitt - Secretary
Events, Communication, Recreation Chair
d.dueitt@lakeforestdaphne.com

Gary Gray - Treasurer Finance and Food and Beverage Chair ggray@lakeforestdaphne.com

Victoria J Phelps City Liaison vjphelps@lakeforestdaphne.com

Matt Laws
Lake and Architectural Review Chair
mlaws@lakeforestdaphne.com

Next Board Meeting

Work Session August 18, 7 pm 19th Hole Stated Meeting August 25, 7 pm 19th Hole

Hours of Operation

Main Office
1 Golf Terrace
General Manager, Brian Barker, PGA
251-626-0788
lakeforestcc@lakeforestdaphne.com
Mon to Fri 8 am to 4:30 pm

Golf Shop
1 Golf Terrace
Manager, Brian Barker, PGA
251-626-9324
Ifproshop@lakeforestdaphne.com
Sun to Sat 7 am to 6 pm

Tennis Shop
197 Country Club Drive
Manager, Mike Albrecht, USPTA
251-648-3952
Iftennis@lakeforestdaphne.com
Mon to Thurs 8 am to 12 pm, 4 pm to 8 pm
Friday and Saturday 8 am to 12 pm

The Back Deck Bar and Grille
1 Yacht Club Drive
Manager, Calvin Clay
251-626-9329
Mon to Thur 4 pm to 9 pm
Fri and Sat 4 pm to 10 pm





Notes from the Board of Directors

BY LFPOA BOD

At the Stated Meeting this past Thursday several questions came from the members attending.

- Why was the meeting started before 7.00 p.m.? The Work Session was noticed at 6.00 p.m. with a statement that the
 Stated Meeting would start directly following the adjournment of the Work Session. The Board agreed to a 15 minute
 recess between the adjournment of the Work Session and the Stated Meeting for those members present that may want to
 talk with the board members
- Board Members and TERM. We currently have 6 board members, their terms are as follows: Mike Morgan's resigned seat is
 vacant and is up for election in March 2023. John Lake's seat ends in March 2023 and is up for election. Davida Williams
 seat expires March 2026, David Dueitt seat expires March 2026, Victoria Phelps seat expires March 2025, Gary Gray's
 seat expires March 2025 and Matthew Laws seat expires March 2025
- Monthly Financials are posted to the LFPOA web-site and clearly define profit and loss per department.
- Board Meeting minutes are also posted to the LFPOA web-site for all members to see
- LFPOA attorney attends the meetings to help with any legal issues that may arise.
- Reviews of the yearly financials are performed by an independent CPA and posted to the LFPOA web-site
- There are several businesses being operated out of Lake Forest. Please report such to the LFPOA Office and we will investigate

Other News from the July Stated Meeting

- The funds to repair the pond at Bayview entrance was passed
- Golf Terrace Drive has been requested to be accepted by the City of Daphne

Collections of delinquent accounts from 2018 through July 2022

2018-\$40,251.27

2019-\$68,179.44

2020-\$75,497.79

2021-\$270.136.37

2022-\$165,441.30

Total collected = \$619,506.17 mid 2018 to July 20, 22

All Legal Costs 2018 through July 20, 2022 : \$553,471.00

Income from collections \$619,506.17 minus all legal costs of \$553,471.00 leaves a net of \$61,506.17

Also bear in mind that there has been a plethora of collected delinquent accounts that have now been moved to 'A' or active status. Many have set up auto-pay, which will likely keep more of those accounts current.



Architectural Corner

BY STEPHANIE COCHRAN

The Architectural Department is open 8:00 am – 4:30 pm, Monday – Friday. If you would like to discuss your home improvement project or have a concern or question about covenant enforcement, please call 251-626-0788 or Ifarc@lakeforestdaphne.com. Please see the latest reports from the Architectural Department.

Architectural Committee Report

4 properties with attorney brought into compliance

2 properties sent to attorney for 1st notice

1 property filed compliant with courts but avoided service therefore sending to process server to be served

1 property filed for default judgement awaiting 30days for possible contempt

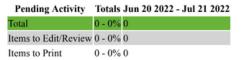
Violation Letter Statistics Report Lake Forest Property Owners Association

Displayname	Totals	Jun 20 2022 - Jul 20 2022
Total	199 - 100.00%	199
LF Final Notice	59 - 29.65%	59
LF First Notice	97 - 48.74%	97
LF Second Notice	43 - 21.61%	43

*** The report date(s) is based on the letter printed date.

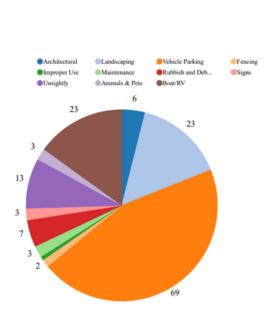
Permit Approval

15 permits approved; fencing, roof replacements, storage containers, concrete circular driveway, color change of home, outbuilding/sheds, replace eroded steps with wood deck and covered porch, enclosure of carport to a garage and removal *** The report date(s) is based on the violation activity created date. of pine trees.



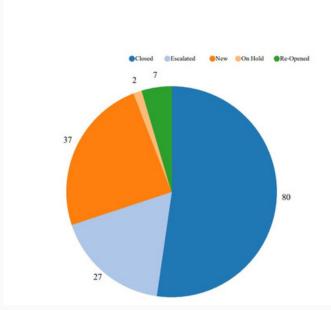
Association Name: Lake Forest Property Owners Association Status Type: Closed, Open, OnHold Date Range: 06/20/2022 00:00:00 to 07/20/2022 23:59:59

Violation = 153 (by Category)



Association Name: Lake Forest Property Owners Association Status Type: Closed, Open, OnHold Date Range: 06/20/2022 00:00:00 to 07/20/2022 23:59:59







City Liaison Update

BY VICTORIA J PHELPS

- Lake Shore Drive Road and Drainage Repair Project; project funding appropriation was approved by Daphne City Council on 18 July 22
- Golf Terrace Drive Application for Dedication of Street and Acceptance; completed by Board Attorney and submitted to Daphne on 22 July 22
- Golf Terrace Drive Road Survey; was completed required to submit Golf Terrace Drive Application for Dedication of Streets and Acceptance
- ATT Power Box item has been repaired at Bayview and Ridgewood
- Tiawassee Creek No Trespassing Safety Sign on Greenwood Drive;
 within 24 hours Daphne Public Works cleaned up the area
- 502 Lake Shore Drive Drainage; item was reported to Daphne Pubic Works, work order submitted
- 222 Bayview Drive Drainage; item was reported to Daphne Public Works, work order submitted
- Phase 2 Grant Improvement Boat Ramp; project funding appropriation was approved by Daphne City Council on 18 July 22
- Lott Park Renovation in Old Town Daphne completed and re-opened 25 July 22
- Street Sign repairs needed reported to Daphne Public Works













Calendar of Events

View Calendar Online

SUNDA	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1.	TOOL	2.	3.	4.	5.	6.
	Quesadilla and Karaoke Night The Back Deck 4-9	Burger Night 4-9 The Back Deck	Wing Night 4-9 The Back Deck	Dinner for Two 4-9 The Back Deck	Fish Fry Special 4-10 The Back Deck Live Music 6-9	
	8. Quesadilla and Karaoke Night The Back Deck 4-9	9. Burger Night 4-9 The Back Deck	10. 1st day of school Baldwin County Wing Night 4-9 The Back Deck	Dinner for Two 4-9 The Back Deck	12. Fish Fry Special 4-10 The Back Deck Live Music 6-9	13.
4.	Quesadilla and Karaoke Night The Back Deck 4-9	16. Burger Night 4-9 The Back Deck	17. Wing Night 4-9 The Back Deck	18. Work Session 7 pm 19th Hole Dinner for Two 4-9 The Back Deck	Fish Fry Special 4-10 The Back Deck Live Music 6-9	20.
21.	22. Quesadilla and Karaoke Night The Back Deck 4-9	23. Burger Night 4-9 The Back Deck	24. Wing Night 4-9 The Back Deck	25. Stated Meeting 7 pm 19th Hole Dinner for Two 4-9 The Back Deck	26. Fish Fry Special 4-10 The Back Deck Live Music 6-9	27.
8.	29. Quesadilla and Karaoke Night The Back Deck 4-9	30. Burger Night 4-9 The Back Deck	31. Wing Night 4-9 The Back Deck	l. Dinner for Two 4-9 The Back Deck	2. Fish Fry Special 4-10 The Back Deck Live Music 6-9	3.

www.lakeforestdaphne.com











Events and Recreation Page

August 16 - LADIES BEGINNER TENNIS CLASS BEGINS





Sponsored by: Ladies Golf Association

4 PERSON SCRAMBLE

OPEN TO ALL!

Monday, September 5th, 2022 8:30AM Shotgun Start / Lunch Following Play

COST: \$35.00 FOR GOLF MEMBERS

\$60.00 FOR NON-MEMBERS

OPTION: 50/50 POT, \$5 FOR 6 / \$1 FOR 1

ENTRY INCLUDES:

Lunch, Closest to Pin Prizes, Team Prizes, Mulligans and Donation.





STARTS AUGUST 16, 2022

Details

- 5 total classes: August 16, 23, 30, September 6 and 13
- Cost: \$50 for non-residents an \$25 for residents
- Classes are from 7 pm to 8:30 pm
- Ready for match play after 5 week

To sign up for the class or any questions email or call Michael Albrecht at lftennis@lakeforestdaphne.com or 251-648-3952.

L_F

Classes are at the Lake Forest Racquet Club 197 Country Club Dr. Daphne AL

September 5 - LABOR DAY GOLF SCRAMBLE













WATERFRONT VIEWS FOR YOUR WEDDING, CORPORATE EVENT, BIRTHDAY PARTY, CHRISTMAS PARTY AND MORE

Call or Email Kim at 251-626-9329, events@lakeforestdaphne.com

Golf Pro's Corner

BY BRIAN BARKER, PGA

August is here and the July heat came along too! Whatever outside activity your doing this summer make sure you stay hydrated. We are very aware of this at the golf course but no matter what activity your doing outside keep cold liquids handy.

Having trouble slicing the ball, as a higher percentage of amateurs do? Try tinkering with your grip. Placing both hands in front of you with your thumbnails pointing to the sky, see the "V" that is made between your thumb and index finger. When taking your grip note where the "V's" point. Is it at your chin, which would be the most natural feeling positioning? Try rotating both hands clockwise until those "V's" are pointing at your right collarbone (left for lefties), and take your grip. What happened to your ball flight? Now, rotate them more until they point at your right shoulder (left shoulder for lefties). What happened to your ball flight now? Becoming familiar with and being consistent with your grip makes all the difference when it comes to ball flight!

The Southern Senior's Golf Association will be joining us once again on Thursday, August 25th with an 8:30am shotgun start. The course will reopen for play at 1:00pm.

Jake, and the entire crew on the maintenance staff have continued to work relentlessly to improve the course conditions. I believe you will find the conditions of the course to not only are some of the best in the area, but possibly the best Lake Forest has seen. Thank you guys! Come on out and experience it for yourself. We'll keep the first tee open for you!

Lake Forest
Golf Course.
"The best
value for your
buck,
anywhere"





Racquet Club News

BY MICHAEL ALBRECHT, USPTA

LADIES BEGINNER CLASS STARTS AUGUST 16th

Have you ever wanted to learn how to play tennis? Well, now is the perfect time. The famous ladies beginner tennis class is BACK!! Sign up today!!

The Lake Forest Racquet Club will be teaching a ladies beginner night time class starting August 16. The class will run for 5 weeks with a total of 5 classes. All classes will be on Tuesdays from 7 pm to 8:30 pm. The ladies beginner class is just what it sounds like, taught form the ground up, like you never played tennis before. After 5 weeks you will be ready for match play!! So let's get started. The cost of the class is only \$25 for residents and \$50 for non-residents. Sign up by calling or emailing Michael Albrecht at 251-648-3952 or Iftennis@lakeforestdaphne.com

Click here to send us an email and tell us you want to sign-up for the class. That's all you have to do. We will send out informational emails to those who sign up.





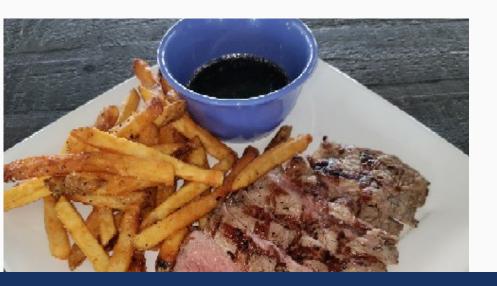
The Back Deck Bar and Grille

BY CALVIN CLAY

Hello there from the Back Deck Bar and Grille. July is another great month with one week left to go and we are up double digits and should break another sales record!! We are continuing to hire new staff so we can open the entire restaurant to serve our customers better on those busy nights. We are also looking for energetic kitchen people as the sales have increased to require more people during peak hours.

We had several events this month and lots on the books for next month. The Back Deck continues to be a favorite place on the Eastern Shore to hold events. Kim continues to do a great job as our event coordinator.

We are looking to ad entertainment a second night every other week starting in August. The entertainment will rotate from band to karaoke, most likely on Wednesday nights. We are looking to do couple of weekly specials from Chef Gouda in the upcoming weeks, stay tuned. Brian has added couple of new local crafts to the menu and will be rotating on a quarterly basis, depending on sales. Thank you to all our loyal customers and we welcome all our new customers.





FISH FRY FRIDAY'S



LIVE MUSIC EVERY FRIDAY
LES HALL PERFORMS
FROM 6 pm to 9 pm



The Back Deck Bar and Grille



STARTERS

Cheese Quesadilla ... \$ 7

10 inch flour tortilla with a 3 cheese blend grilled to ooey-gooey perfection. Topped with fresh shredded lettuce and diced tomatoes. Add chicken ... \$ 3 more

Shrimp and Crab Dip ... \$ 10

Fresh seafood and cheese blended together and served warm. Served with fresh tortilla chips.

Pretzel Sticks ... \$ 8

Perfect balance of crunchy and chewy served with beer cheese dip or gueso cheese.

Jumbo Chicken Wings ... 10 for \$12

Fresh jumbo chicken wings fried to order. Tossed in any sauce choice of medium, hot or sweet chili Thai. Served with fresh celery and carrot sticks. Also available in our dry rub recipe.

Spinach and Artichoke Dip ... \$ 8

A wonderful blend of 3 cheeses makes our spinach dip stand out. Served with fresh tortilla chips.

Mozzarella Sticks ... \$ 8

Breaded Mozzarella cheese sticks served with our housemade marinara.

Fried Pickle Chips ... \$ 9

Sliced dill pickle chips breaded and deep fried to perfection. Served with your choice of dipping sauces.

SALADS

House Salad ... \$ 6

A bed of fresh chopped greens topped with tomatoes, cucumbers, sliced onions, sliced carrots and fresh croutons. Served with your choice of dressing.

Chef's Salad ... \$ 12

A bed of fresh chopped greens topped with tomatoes, cucumbers, sliced onions, hickory smoked bacon, fresh ham and turkey. Served with your choice of dressing.

Caesar ... \$8

Fresh chopped greens tossed in our Tuscan Caeser dressing with fresh croutons and shredded Parmesan cheese. Add: Shrimp ... \$ 6 Chicken ... \$ 4

Dressing choices: Ranch, Bleu Cheese, Italian, Caesar, Thousand Island, Pineapple Balsamic

SANDWICHES

The Yacht Burger ... \$10

Quarter pound 100% beef patty chargrilled to your liking topped with fresh lettuce, tomato, red onion and pickles on a buttered brioche bun. Also available in a turkey patty.

Bacon Grilled Cheese \$ 8

Hearty slices of hickory smoked bacon with sliced American and Pepper Jack cheese grilled to perfection on Texas toast.

Voodoo Chicken Sandwich ... \$10

Juicy fried chicken tenders tossed in Chef Goudas' housemade Voodoo sauce topped with fresh lettuce, tomatoes and pickles served on a

Fried Fish Po' Boy ... \$10

Tender filet of white fish served on a huttered hoagie bun topped with shredded lettuce and diced tomatoes.

Buffalo Chicken ... \$ 10

Juicy fried chicken strips tossed in a tantalizing buffalo sauce topped with fresh lettuce and tomato on a buttered brioche bun. Drizzled with your choice of Ranch or Bleu cheese.

The Yacht Club ... \$ 10

Tender slices of oven-roasted turkey breast and ham served on Texas toast topped with lettuce, tomato and slices of hickory smoked bacon and

Add cheese to any sandwich for \$1 extra. Choices: Cheddar, American, Swiss, Pepper Jack and Queso. Add bacon to any sandwich for \$1.50

*CONSUMING RAW OR UNDERCOOKED MEATS OR SEAFOOD MAY POSE AN INCREASED RISK OF FOODBORNE ILLNESS.

BASKETS

Crispy Chicken Basket ... \$ 10

Juicy chicken tenders deep fried to perfection and served with your choice of dipping sauce

Fried Shrimp Basket ... \$12 Fresh jumbo Gulf shrimp coated in seasoned breadcrumbs and deep fried to a golden brown.

Gone Fishing Basket... \$ 12

Two tender filets of white fish deep fried to perfection and served with fresh tartar sauce.

Fresh Catch Basket... \$14

A combination of our fresh fried fish and jumbo Gulf shrimp served with cocktail and tartar sauce.

ENTREES

New York Strip Steak ... \$ 24

A 12 oz. tender and well-marbled cut. chargrilled to perfection served with one side and au jus dipping sauce.

Voodoo Chicken Pasta ... \$ 14

Tender pieces of chicken breast and smoked sausage sautéed and served with fettuccine tossed in Chef Goudas' housemade Voodoo alfredo sauce. Served with Texas toast.

Fettucine Jubilee ... \$ 14

Gulf shrimp and crawfish in a zesty alfredo sauce. Served with fresh herbs and parmesan on a bed of fettucine noodles.

Red Beans and Rice ... \$12

Creole cream style red beans served with a bed of white rice and grilled smoked sausage. Served with Texas toast.

Cajun Strip Steak ... \$ 24

A 12 oz. New York strip steak sliced and served over rice and drizzled with Chef Goudas' housemade Voodoo sauce. Served with one side.

Voodoo Chicken ... \$ 14

Tender pieces of chicken breast and smoked sausage sautéed and served over a bed of rice. Chef Goudas' housemade Voodoo alfredo sauce. Served with Texas toast.

Far-Out Flatbreads

Cheese Flatbread ... \$8 Fresh marinara sauce topped with Mozzarella and Cheddar. Garnished with fresh chopped herbs Pepperoni Flatbread ... \$ 10 Fresh Marinara sauce, pepperoni and Mozzarella cheese

Sausage Flatbread ... \$ 10 Fresh marinara sauce, sausage and grilled cremini mushrooms topped with Mozzarella cheese Meatlovers Flatbread ... \$12 Fresh marinara sauce, pepperoni, sausage, hickory smoked bacon, ham and grilled onions topped with Mozzarella cheese

The Buff Chicken ... \$ 10 Fried chicken tossed in buffalo sauce and topped with Mozzarella cheese.

Running Through the Garden ... \$ 9 Fresh marinara sauce, grilled cremini mushrooms, grilled onions, bell peppers, black olives and baby spinach leaves topped with Mozzarella cheese and drizzled with balsamic glaze.

SOFT DRINKS

Coke, Diet Coke, Sprite, Dr. Pepper, Powerade (Mountain Berry Blast) Sweet or Unsweet Tea, Lemonade ... \$ 2.75 Juices: Orange, Pineapple or Cranberry ... \$ 3 Coffee: ... \$ 1.75

DESSERTS

Key Lime Pie ... \$ 8 Cheese Cake ... \$ 8

SIDE DISHES

\$3 each ... Seasonal Vegetables, Hand-Cut Fries, Onion Rings, Mac-n-Cheese, Seasoned Green Beans, Sweet Potato Fries and Mixed Green Salad

KIDS MENU

Ages 13 and under Served with one side

Cheeseburger ... \$ 6

100% beef patty served with pickles and American cheese on a buttered

Grilled Cheese ... \$ 5 Texas toast grilled to golden brown with American cheese. Shrimp Basket ... \$8 Jumbo Gulf shrimp fried to

Crispy Tenders ... \$ 6 Juicy chicken tenders deep

fried and served with your choice of dipping sauce. TheBackDeckDaphneAl 👩



*CONSUMING RAW OR UNDERCOOKED MEATS OR SEAFOOD MAY POSE AN INCREASED RISK OF FOODBORNE ILLNESS





Daphne High School

August Dates

- 4th Freshman Orientation 5-7 pm
- 8th/9th Senior Cap/Gown portraits for the yearbook. Appointment only made thru Jim Owen Studios on their website. www.jimowenstudios.com
- 8th/9th Senior Crown Decorating 2-5 in gym hallway. This is a tradition where seniors decorate paper crowns and wear them the first few days of school.
- 10th First Day of School & Underclassman Picture Day

Yearbooks are on sale! \$70 – until 9/30 \$80 – 10/1 – 12/31 \$90 – 1/1 – until sold out!

Graduation Ceremony May 16, 2023, 7:00 pm Trojan Stadium

Suicide Hotline — #988 When people call or text 988, they will be connected to trained counselors with the existing lifeline network.



Seniors!
Sign up for all senior class info... text @23classdhs to 81010

Picture Day

FIRST DAY OF

SCHOOL



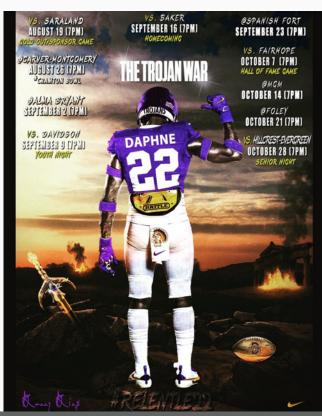


Daphne High School Sports









LAKE FOREST



City of Daphne

CITY OF DAPHNE SUMMER RECYCLING EVENTS



Join Daphne Public Works for THREE special 2022 Summer Recycling Events

JULY 21 • AUGUST 18 • SEPTEMBER 15 4:00 - 7:00 PM W.O. LOTT PARK, 2000 MAIN STREET, DAPHNE

Can't make it to our recycling drop-off area during normal business hours? Join us for these three summer dates for extended hours, convenient drop-off location, giveaways & more!

Accepted Items:

Aluminum • Cardboard • Steel • Electronics • Paper

For more information, contact Daphne Public Works at 251-620-2100. Daphne





www.Daphnerecreation.com





Women's Club

BY EVE GRAY

Our women's club is a social club that gathers to celebrate our shared interests and causes from needs, arts, healthy lifestyles, or natural resources within our locality. We are not just ladies who lunch.

We take a hands-on approach with tangible projects and lend our assistance to local causes. We enlarge our world and make it just a bit better with every meeting, every interaction.

We acknowledge that residents' work schedules or child care issues may dictate the depth of involvement. With this in mind, we would love to hear from you how we can address this. What programs are you interested in? Some thoughts are sponsoring bake sales, car washes, mobile mammogram and blood drives, combined meetings with other LF clubs, sponsoring a child's morning reading program, organizing a welcome committee to help new residents understand how to maneuver the Lake Forest and provide some history to help foster neighborhood pride.

The new 2022-2023 officers: Eve Gray, Chairman; Karen Berthelson, Vice-Chairmant; Chris Houston-Lewis, Secretary and Mary Loury, Treasurer will be meeting this month to discuss the agendas and programs for the upcoming year. If you have an idea you would like us to consider, or a charity that is close to you, please contact us on our Lake Forest Facebook page:

https://www.facebook.com/groups/634195137585592.

Join us for the chance to network and create friendships.





Hurricane Preparedness

WHAT TO DO BEFORE A STORM

Prepare a plan for evacuation.

Have a supply kit that could include:

- Wrench or pliers to turn off utilities
- Water, one gallon per person per day, for at least three days
- Food, non-perishable; at least a three-day supply
- Manual can opener
- Battery-powered or hand-crank radio and a NOAA Weather Radio with tone alert (extra batteries)
- Flashlight (extra batteries)
- First-aid kit
- Whistle to signal for help
- Dust mask, to help filter contaminated air
- Plastic sheeting and duct tape to shelter-in-place
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Local maps (or updated GPS) showing evacuation routes
- Cell phone with chargers, inverter or solar charger
- Pet supplies (if applicable)
- Week's supply of medication
- Identification for every person
- Emergency contact information
- Insurance information
- · Health care information

Create a list of key agencies you may need to monitor or contact. If possible, use the phone apps when available, as you may not have access to a computer.

Here are some suggested agencies to monitor:

Mobile Emergency Management Agency

Baldwin County Emergency Management Agency Baldwin weather alerts (requires signup)

Hurricane Awareness

Mobile / Pensacola NWS

Ready.gov : Hurricane Information

Hurricane Preparedness

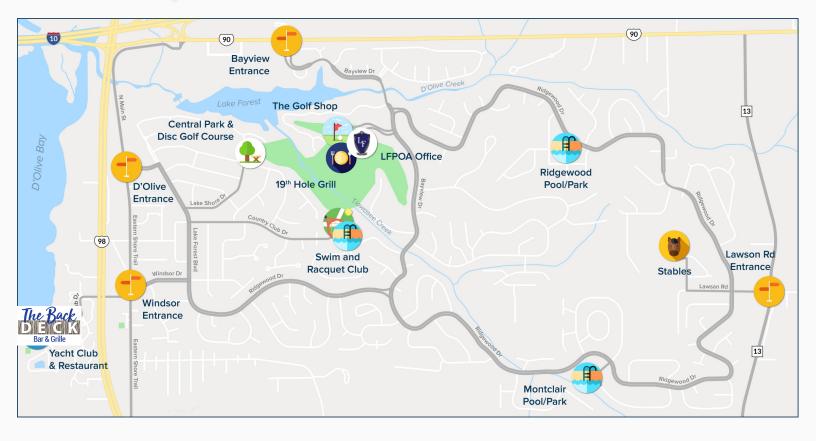
National Hurricane Center

NOAA Coastal Services Center

Alabama Emergency Management Agency



Lake Forest Map



Golf Shop: 1 Golf Terrace

19th Hole Grill: 1 Golf Terrace

LFPOA Office:1 Golf Terrace

The Back Deck:1 Yacht Club Dr

Daphne Central Park: 28 Lake Shore Dr

Montclair Pool: 208 Montclair Loop Ridgewood Pool: 102 Plaza Circle

Swim and Racquet Pool: 202 Country Club Dr

Racquet Club:197 Country Club Dr

Stables: 268 Equine Circle

