



# Junior Golf Camp

**4-DAY – 2024 Summer Junior Golf Camps – Combined Ages 5-7, 8-10 & 11-?**  
3 Days (7.5 hours) Lesson Days (Tue., Wed., Thur.) 8:30am – 11:00am Development & Instruction:

- Golf FUNdamentals
- Motor/Sports skills – coordination, stretching, agility, feel, and proper stability and mobility.
- FUN skill challenges & contests

**1-Day (2.5 hours) On-Course Play Day (Fridays) 7:30am – 10:00am Parents Invited to Caddy for Kids!!**

Activities and progression throughout camp are focused on enjoying learning and improving golf ability utilizing driving range and on-course skills training, fitness and games, targeting development of proper swing and fundamentals.

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**Registration Form**

Name of Camper: \_\_\_\_\_ Age: \_\_\_\_\_  
 Parent/Gaurdian: \_\_\_\_\_ Allergies: \_\_\_\_\_  
 Email: \_\_\_\_\_ Phone: \_\_\_\_\_

**COST:** \$150.00/camper for all 4-Days - \$125.00 for LF residents  
**PAYMENT:** Mail to Lake Forest Y&CC - 1 Golf Terrace – Daphne, Al 36526 or drop off at the golf shop. Contact Todd Bailey, PGA Head Golf Professional, 251-626-9324 or email [lfproshop@lakeforestpoa.org](mailto:lfproshop@lakeforestpoa.org).

\_\_\_ June 11-14

\_\_\_ July 9-12